

Lilleshall Squash & Racketball Club

In partnership with

Lilleshall National Sports Centre

Return to Play – Squash Courts

COVID 19 Regulations

The squash courts at Lilleshall National Sports Centre reopened on Thursday 20th May 2021 following England moving into step 3 of the restrictions. Sport England and England Squash have confirmed that squash clubs can reintroduce full court squash for adults and juniors.

The following activity is permitted:

- Players can get on court with multiple households and play full court squash e.g. best of five with tie-breaks, and singles and doubles (squash bubbles and modified versions not required). The maximum number of players on court allowed is 4 adults or children.
- Coach-led sessions can take place in any number (within the maximum venue capacity limit) but the maximum number of players on court allowed is 4 adults or 6 children. Coaches are allowed on court and are not included in the total number of players on court.

Key action points from the Government guidance are:

- Hand hygiene, thorough washing and sanitising remains the most effective method of preventing the spread of COVID-19.
- Players must sanitise hands and disinfect balls before play, at 20-minute intervals, and at the end of the session.
- Only one player/coach to touch the court door.
- Players must not touch the court walls.
- Social distancing between players and spectators off court.

- Players are not allowed to shout or raise their voice.
- Members come ready dressed for the session and leave in the same way.
- Members arrive on time at the pre-agreed session time.
- Members must sign or check-in using the clubs court booking sheets prior to or on arrival as part of the NHS Test and Trace scheme. The club is responsible for holding this data for 21 days.

For your safe return to site please note the following:

Court sessions will operate on the hour (i.e. 6pm, 7pm, 8pm etc.) Sessions will last for 45 minutes allowing 15 minutes for touch point cleaning by the Centre's team to take place before the next session commences. Players must vacate the court at the end of their timed session (i.e. 15 minutes before the hour).

- Members are requested to arrive promptly for their court session and leave the area immediately following the session to ensure minimal contact with other users.
- A one-way system has been implemented to enter and exit the courts – entry will be via the glass door by court number one following a one-way system to courts 4 & 5. The area is to be exited along the changing room corridor back towards main reception.
- Court token collection is via a one-way system entry and exit to the reception/bar area. Entry via the automatic revolving door and exit through the single door alongside the revolving door. Reception staff will give direction. There is NO ENTRY from this area down the corridor towards the changing rooms/courts.
- A sanitising station will be available outside the courts.
- Ventilation – sufficient ventilation has been confirmed within the courts that fully meets air flow regulations.
- Changing Rooms & showers will not be open. Access to this area for use of the toilets is permitted.
- Doors – these will be kept open along the corridor to minimise contact and help maintain air flow.

- Queens Hall Bar will be open for service; last orders will be at 10.30pm. Please note that government guidance must be followed at all times; groups are not permitted in number greater than 6 per table; table service will be operated in the area.
- Please ensure that masks are worn in all indoor areas. The exception being on court.